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National MHA QI Programme Celebration & Learning Event

Please join by scanning the QR code

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What is one thing you have learned from today's session?

Good tips from across organisations

Think big, start small!

Be curious

Connect before Correct

different amazing work completed across country

Helpful discussions on engaging people with lived experience in inpt services

Lots of similar ossues

Many different ways to address the same problem

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What is one thing you have learned from today's session?

Trust the process

Change is possible

That a lot of the projects have realised the same gap in care and everyone's come up with different ways to address it

We have some awesome colleagues and experts by experience

A QI project should be inspiring for everybody.

Empowering patients through the MDT process

The variation of imagination for change ideas across services

Thinking about the importance of involving patient views and thoughts in their care as much as possible

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What is one thing you have learned from today's session?

there has been more progress than I imagined, especially regarding multi-disciplinary process responding to patients and carers

The power of lived experience

Keep going

Small changes can lead to big changes

Small step change to build momentum

The progress that is being made in services through organic ideas and dialogue.

Service users create the best answers

Sometimes keeping it simple can be a great place to start

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What is one thing you have learned from today's session?

Similar ideas can lead to diverse outcomes

Ideas spur more ideas.

Sometimes the more basic ideas are the most powerful

Endeavour to include carers.

We are all so stretched for time and we need our leaders to give us the protected time to carry on the work

Co-production done well

considering staff heads space - where are they at for supporting projects

Importance of creating space for creative and diverse thinking

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What is one thing you have learned from today's session?

Be open to new ideas

some of the QI techniues have become embedded resulting in an iterative series of improvements

Co-production builds trust, ownership and personal responsibility.

That there needs to be more focus on the cultural aspects, focusing on ethnicity, to see descriptions of patients as 'not white' is concerning and reductive. As well as, the emphasis placed the Issues

Noise reduction RAG chart as a measurement

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What have you learned during the MHA QI programme that you'll be applying in your ongoing work?

Seek local QI support!

Always get a mentor

Don't reinvent the wheel!

Co-production doesn't mean asking people afterwards - involve them!

Change needs to be committed to

insist on early engagemnt of lived experience

Join an improvement collaborative that crosses the boundaries of your own work/environment

It is possible to meaningfully get service users involved in Mental Health projects, it's not too difficult...

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What have you learned during the MHA QI programme that you'll be applying in your ongoing work?

Do some further QI training

Adapting when necessary for meaningful inclusion

make sure baseline data is established

The importance of lived experience collaborations

Tools to support identifying the focus of the project

Trust that you know what you're doing

triangle of care

Look to evidence to provide inspiration

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What have you learned during the MHA QI programme that you'll be applying in your ongoing work?

Keep motivated and keep going

Get metrics and ability to capture data confirmed at outset

It is OK for something to not work - part of the process

Tell others to sign up to the next collaborative

Do not trust your first thought. Test, test, test.

Noise reduction RAG rating as a measurement idea

Enabling service users to share their views in a way that suits them.

Use QI and feedbacks to improve service users experience.

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What have you learned during the MHA QI programme that you'll be applying in your ongoing work?

The importance of co-design and co-production, and involving lived experience experts from the inception of the project and in every element as equal partners.

Go to your Exec/Board and demand the time and money to carry on the work and show the benefits!!!

Momentum is key

Think about people's different cultural needs.

Gain an SRO / Sponsor to spearhead across your organisation

A good process mitigates a complex/messy situation for the benefit of all.

Continuous learning opportunities

Baseline.

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What have you learned during the MHA QI programme that you'll be applying in your ongoing work?

Join Q community / NHS impact masterclasses and keep learning and being inspired by others

Enable service users to be a part of the decision processes where possible.

The power of communities to share ideas across trusts/services (i.e. creating this type of space to be open about our work and inspire new ideas)

The exchange of ideas.

Spreadability.

The combination of exec level and ward team is a winner

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